



Local Guide — Las Lagunas & La Cala de Mijas

Your complete insider guide to the Costa del Sol area



Our Tips — Spain



Best Time to Visit

The Costa del Sol truly earns its name: 320+ sunny days a year. July–August are peak season — beaches are busier and restaurants fill up, so book ahead. May, June, September and October offer warm sunshine, smaller crowds, and lower prices. Winter is mild (15–20°C) and peaceful if you just want to relax and escape the cold.



Living on Spanish Time

Spain operates on a different rhythm. Shops close for siesta (2–5pm). Dinner is from 9pm. Coffee at 11am with a pastry is completely normal. Embrace it — it's one of the things that makes life here wonderful.



Language

Spanish is the local language. In La Cala and Las Lagunas, English is widely spoken in tourist-facing businesses (restaurants, shops, estate agents). A few basic Spanish phrases always go down well: Gracias (thank you), Por favor (please), Una mesa para dos (a table for two), La cuenta (the bill).



Sun & Heat

Summer temperatures reach 35°C+. Apply high-SPF sunscreen generously, drink plenty of water, and avoid the peak sun hours of 12–4pm if you're sensitive to heat. The sea breeze makes it feel more comfortable than it sounds, but the sun is powerful.



Cash & Cards

Most places accept cards, but carry some cash for chiringuitos, markets, and small local shops. A Revolut or Wise card avoids foreign exchange fees.



Mosquitoes

In summer, especially near greenery and water, mosquitoes can be active at dusk. Pack mosquito repellent — or pick some up at any local pharmacy or supermarket.




Day Trips Worth Doing

Mijas Pueblo: the classic Andalusian white village with donkeys, panoramic views, and great restaurants. Marbella Old Town and Puerto Banús: glamour, great tapas bars, and yacht-watching. Málaga city: birthplace of Picasso, excellent museums, one of Spain's most vibrant cities. Nerja: beautiful cliffs, caves, and a charming town. Ronda: one of the most dramatic cliff-top towns in Europe — a must.

Local Events

Mijas holds its annual Feria in the first fortnight of September — parades, music, children's events, food and flamenco. Worth catching if you're here at that time.

 *Ask us anything — we know the area well and are always happy to make personalised recommendations based on your interests and group.*